



## AADHAR FOUNDATION

“Rehabilitation, Development & Inclusive Livelihood Resource  
Centre For Persons with Disabilities, Women & Child and Needy

### आधार फाउण्डेशन

निःशक्त व्यक्तियों, महिलाओं व बच्चों के लिए पुनर्वास  
एवं समावेशित आजीविका सन्साधन केंद्र

## ANNUAL REPORT “2023-24”

नरेन्द्र आयुष ढाबा के पीछे,  
पंचवटी वार्ड नं 48,  
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**ACRONYM** : **AF-RAILRC**

**FULL NAME** : **AADHAR FOUNDATION**  
**“Rehabilitation & Development and Inclusive**

#### **LAW UNDER ORGANIZATION HAS REGISTERED**

- Registered under Madhya Pradesh Govt. Firms & Societies Registration Act 1973, date 24/10/2011
- Regd. Under Foreign Contribution (Regulation) Act, 2010 by Ministry of Home Affairs, Govt. of India.
- Registered under Section 50 of Rights of Persons with Disability Act “RPWD Act” 2016 ( Section 52 of PwD Act 1995 - Equal Opportunity, Protection of Rights and Full Participation)
- Recognized by Social Justice & Disabled Welfare Department, Govt. of Madhya Pradesh
- Registered under 12 A (a) of Income Tax Act 1961 of Govt. of India
- Regd. under 80G of Income Tax Act 1961 of Govt. of India
- Regd. Under THE NATIONAL TRUST for the welfare of persons with Autism, Cerebral Palsy, Mental Retardation & Multiple Disabilities (Ministry of Social, Justice & Empowerment, Govt. of India)

#### **INTRODUCTION & BACKGROUND**

“Aadhar Foundation is a registered charitable, not profit and non-govt. civil society organization.

**AF-RAILRC** prime motto is rehabilitation, development, capacity building, training for livelihood and welfare services to Intellectually & Physically Challenged, Women & Child, Poor and Needy of the society and to serve the poor and the under privileged, with special attention to Children with disabilities.

In 2010 Aadhar Foundation is founded by Disabled Social Activist Er. Mahesh Kinth with the association of like minded peoples and “Rehabilitation & Development and Inclusive Livelihood Resource Centre” was formally established in April, 2011. Primarily for the socio-economically deprived, so it was free, including food and stay for the absolute needy, Supported by personal contribution, individual donations and the community and which still continues.

The types of activities undertaken by Aadhar Foundation are Samarth-cum-Gharaunda Centre, Disha – Early Intervention & School Readiness Centre, Vikas - Day Care Centre, Gharaunda – Group Home for Adult, Rehabilitation & Development Centre and Special School for Persons with Intellectual & Developmental Disabilities, Girls Hostel for Children with Special Needs ( Class 1<sup>st</sup> – 8<sup>th</sup> ), Hostel for Girls with Disabilities ( 9<sup>th</sup> to 12<sup>th</sup> ), Home for Orphan & Destitute Girls, Sahyogi – Training for Care-takers, Niramaya – Health Insurance Programme, Legal Guardianship Programme, Hand Wash – Behaviour Change Programme, Inclusive skill Training Programme etc. with the support of Ministry of Education MP Govt. ( State / Distt. Education Centre ), Ministry of Women & Child Development, MP ( Distt. Women Empowerment Deptt.), Ministry of Social Justice, MP Govt., The National Trust ( Ministry of Social Justice & Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India ), Naman Seva Samiti, State Bank of India, Local Donors etc.



<p style="text-align: center;"><b>VISION</b></p> <p>Main streaming the Women, Child &amp; Persons with Disabilities by Social Inclusion, Equal Opportunity, Protection of Rights and Full Participation.</p>	<p style="text-align: center;"><b>MISSION</b></p> <p>To provide quality health services, education, vocational training and advocacy for their rights &amp; entitlements to make them empower, self reliant &amp; self dependent through the combined efforts of themselves, families, community, stakeholders and likeminded Govt. &amp; Non-Govt. Agencies.</p>
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<p style="text-align: center;"><b>OVERALL OBJECTIVES</b></p> <ol style="list-style-type: none"> <li>1. <b>AADHAR FOUNDATION</b> is a movement for Rights &amp; Entitlements for Women &amp; Child and Persons with Disabilities.</li> <li>2. To work for the rehabilitation &amp; development of Persons with Disabilities through Community Based Rehabilitation and establishing Homes, Day Care Centers, Special Schools, Vocational Training Centre and Rehabilitation Institutes.</li> <li>3. To work for the holistic &amp; over all development of Women, Children of urban slum &amp; rural areas.</li> <li>4. To implement programmes / activities for over all development of SC, ST, Other Backward Classes, Minorities and Youths &amp; Adolescents of all section of society and to implement programmes / activities for Elderly Persons to live comfortable life with dignity and honour.</li> <li>5. To aware the community for AIDS / HIV and De-addiction ( Against Drug Abuse) and implement programmes for the rehabilitation of Addict and AIDS / HIV positive Person.</li> <li>6. To aware the people for their Better Health, Hygiene &amp; Sanitation to build a Healthy Nation.</li> <li>7. To motivate the people to protect environment and re-establishment of Traditional Values of Agriculture Rural Development.</li> </ol>	<p style="text-align: center;"><b>SPECIFIC OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>• To empower the Persons with Disabilities socially &amp; economically through self reliance &amp; independence by providing quality health services, intervention, qualitative Special &amp; inclusive education, vocational training, advocacy for their cause, creating barrier free environment, lively hood activities and community based rehabilitation.</li> <li>• Early Identification &amp; Intervention to reduce percentage of disabilities and number of persons with disabilities specially in rural far-flung areas.</li> <li>• To form Self Help &amp; Advocacy Group (SHAG) and Disabled Person Organisation (DPO) of persons with disabilities, strengthen them.</li> <li>• To create an enabling environment for social inclusion of the PwDs in all fields of life by providing equal opportunities, equity &amp; social Justice and to ensure confidence building in the PwDs so that, they can realise their aspirations.</li> <li>• To support spreading awareness about universal accessibility by creating an enabling and barrier-free environment that include accessible buildings, accessible transport, accessible websites and carrying out accessibility audit.</li> </ul>
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<p><b>AADHAR FOUNDATION ASSOCIATIONS / PARTNERS</b></p> <ul style="list-style-type: none"> <li>➤ Ministry of Social Justice, MP Govt. ( Social Justice &amp; Disabled Welfare Deptt.)</li> <li>➤ The National Trust ( Ministry of Social Justice &amp; Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India )</li> <li>➤ Donors – Institutional &amp; Local</li> </ul>
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<p style="text-align: center;"><b>ORGANIZATIONAL VALUES</b></p> <ul style="list-style-type: none"> <li>➤ Respect for individual</li> <li>➤ Honesty</li> <li>➤ Integrity</li> <li>➤ Transparency in all transactions</li> <li>➤ Creativity</li> <li>➤ Accountability to all the actions</li> <li>➤ Gender sensitivity</li> <li>➤ Cost Efficiency</li> </ul>	<p style="text-align: center;"><b>AREA OF FOCUS</b></p> <ul style="list-style-type: none"> <li>• Empowerment of Persons with Disabilities</li> <li>• Rights of Child especially Differently Abled Children</li> <li>• Education, Inclusive &amp; Special Education &amp; Training</li> <li>• Early Identification &amp; Intervention</li> <li>• Pre-vocational &amp; Vocational Training</li> <li>• Health, Hygiene and Sanitation</li> <li>• Water Literacy</li> <li>• Women Empowerment &amp; their Rights</li> <li>• Elderly Persons &amp; Youth Empowerment</li> <li>• Community Physical Infrastructure</li> <li>• Free Legal Aid and Education</li> <li>• Democracy</li> </ul>
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## PROGRAMMES AND ACTIVITIES IMPLEMENTED

### 1. For Persons with Intellectual and Developmental Disabilities as Challenges, Cerebral Palsy, Autism and Multiple Challenges -

- SAMARTH-CUM-GHARAUNDA CENTRE ( No. of Residential Beneficiaries - 28 )
- NIRAMAYA – HEALTH INSURANCE PROGRAMME AND LEGAL GUARDIANSHIP

**Supported by The National Trust – Department Empowerment of Persons with Disabilities of Ministry Social Justice & Empowerment, Govt. India**

- SPECIAL SCHOOL ( No. of Beneficiaries - 70, Residential – 20 & Non-residential – 50 )

**Supported by Donors**

### 2. For Persons with Disabilities and Needy & Poor

- INCLUSIVE SKILL DEVELOPMENT TRAINING - For Persons with Disabilities, Needy and Poor

### 3. OTHER SOCIAL ACTIVITIES

- WOMEN & CHILD DEVELOPMENT
- SUPPORT OF NEEDY CHILDREN
- PROGRAMMES AGAINST DRUG ADDICTION
- WELFARE ACTIVITIES FOR ELDERLY PERSONS
- HEALTH PROMOTION ACTIVITIES

**Supported by Donors**

### 4. ACTIVITIES / PROGRAMMES UNDER NAVANKUR YOJNA OF M. P. JAN ABHIYAN PARISHAD

Under the banner “Make the Madhya Pradesh State green, happy and prosperous” and bridge the gap between the communities and Govt., the organization has launched the programme in rural areas to improve and facilitate the activities for better education, health, hygiene & sanitation, clean environment, plantation, organic and natural farming, save water & energy, antidrug abuse, self reliant.

The main aim of Navankur Yojna is to form GRAM VIKAS PRASFUTAN SAMITIES and to strengthen & develop them as an organization through training, capacity building programme etc. and also improve the social, economic and mental status of rural communities by involving themselves and to make self reliant. ( No. of Beneficiaries - Communities of 20 Villages and GRAM VIKAS PRASFUTAN SAMITIES of Block Chhindwara of Distt. Chhindwara)

**Supported by M P JAN ABHIYAN PARISHAD  
PLANNING, ECONOMICS AND STATISTICS DEPTT. GOVT. OF MADHYA PRADESH**

### 5. IMPLEMENTING SUPPORT AGENCY UNDER JALJIVAN MISSION

Role of ISA in JJM – play critical role as a partner in mobilizing and engaging the Communities to plan, design, implement, manage, operate & maintain in village water supply infrastructure.

JJM is envisioned to provide safe and adequate drinking water through individual household tap connections to all household in rural India to improve in living standards of rural Communities. JJM is community based approach to water and include extensive information, Education and Communication as a key component of the mission. JJM looks to create a jan andolan for water, thereby making it everyone’s priority. Activities Under-taken under this programme are Baseline Household Survey, Formation & Strengthening / capacity building of Village Water & Sanitation Committees, PRA, Jan Sabha, Gram Sabha, IEC through Wall Writing, Nukkad Nataks, Prachar Rath, Audio-visual Show, Distribution of Posters & Pumphlets, School Rallies, etc.

( No. of Beneficiaries - Communities of 150 Villages of 6 block- Chhindwara, Chaurai, Bichhua, Mohkhed, Sausar & Pandhurna of Distt. Chhindwara, MP )

**Supported by Public Health Engg. Deptt. GOVT. OF MADHYA PRADESH**

## BROAD ACTIVITIES UNDERTAKEN

### ➤ EARLY IDENTIFICATION & INTERVENTION

Early intervention Services are special for infants and toddlers at risk for developmental delay. These are designed to identify and meet children's needs in five developmental areas – Physical ( fine & gross Motor), Cognitive, Communication ( Speech & Language ), Social or Emotional, Sensory and Adaptive Development.. It is a process of detecting, assessing, diagnosing and treating the children with developmental delay during the early phase.



### ➤ SPECIAL EDUCATION & PRE-SCHOOLING

It is a purposeful intervention designed to overcome or eliminate the obstacles that keep children with disabilities from learning. It is about providing them with individualized plans of instructions to help them succeed.



➤ **OCCUPATIONAL THERAPY AND TRAINING FOR DAILY LIVING SKILLS** - It is branch of health care that helps people of all ages who have physical, sensory or cognitive problems and also help them regain independence in all areas of their lives, fine motor skills ( small muscle movements made with the hands, fingers and toes such as grasping), visual-perceptual skills, cognitive ( thinking ) skills and sensory-processing problems.



➤ **PHYSIOTHERAPY** or physical therapy is health care activity which assists people to restore, maintain and maximize their strength, function, movement and overall well-being. It includes rehabilitation as well as prevention of injury and promotion of health and fitness.



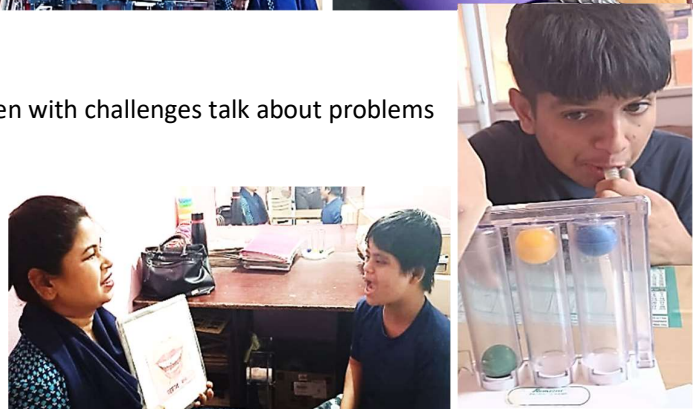
### ➤ COUNSELLING, ADVOCACY & GUIDANCE

It helps parents, guardian, caregivers and children with challenges talk about problems and feelings in a confidential setting.

### ➤ AUDITORY TRAINING AND SPEECH THERAPY

Auditory Training is a process of teaching the brain to listen.

Speech Therapy is the assessment and treatment of communication problems and speech disorders.



➤ **BEHAVIOUR MODIFICATION TRAINING**

It is an effective treatment for attention deficit hyperactivity disorder (ADHD), hurting / biting self or others, abnormal behavior, fear, irritation, disobedience etc. It helps to improve a child’s behavior, self-control and self esteem.

➤ **PRE-VOCATIONAL TRAINING**



It helps individuals develop general, non-job specific strengths and skills that contribute to employability in paid employment in an integrated community setting. These skills may include training in effective communication with supervisors, coworkers and customers, ability to follow directions, ability to complete tasks and work place problem-solving skills.

➤ **VOCATIONAL THERAPY-** It helps individuals gain productive employment by developing skills and identifying appropriate jobs.



➤ **MUSIC& DANCE THERAPY, YOGA, GAMES & SPORTS**

It uses movement to improve mental and physical well-being, stress reduction, disease prevention and management. It increased muscular strength, co-ordination, mobility and decreased muscular tension.



➤ **ABA THERAPY – APPLIED BEHAVIOUR ANALYSIS**

It is a therapy that helps the children with Intellectual & Developmental Disabilities learn skills and lesson problematic behaviours and stopping dangerous behaviours rather than preventing harmless self stimulatory behaviour.

➤ **NIRAMAYA – HEALTH INSURANCE PROGRAMME AND LEGAL GUARDIANSHIP**

The objective of NIRAMAYA is to provide affordable Health Insurance to Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

In the chairmanship of Distt. Collector Aadhar Foundation has provide Legal Guardianship to the Persons with Intellectual, Cerebral Palsy, Autism & Multiple Disabilities above 18 years to save them for their exploitation.